

Then said Jesus unto his
disciples, If any man will come
after me, let him deny himself,
and take up his cross, and
follow me.

For whosoever will save his
life shall lose it: and
whosoever will lose his life for
my sake shall find it.

For what is a man profited, if
he shall gain the whole world,
and lose his own soul? or what
shall a man give in exchange
for his soul?

Matthew 16:24-26